



Ashtabula Greenway Trail 10K & 2 Mile Races

June 10, 2023

Courses: Flat 10K and 2 Mile races along Greenway Trail (paved bike trail) starting and concluding at Lampson Road entrance in Austinburg Township. The 10K race goes south and back on the trail. The 2 mile race goes north and back on the trail. Turnarounds are at halfway points for each race.

Registration Fee: The 10K fee \$20 through June 4, the fee increases to \$25 June 5-10. The 2 Mile fee is \$15 through June 4, the fee increases to \$20 June 5-10. The first 80 registered receive an ADR apparel item. This is an Ashtabula Distance Runners Club (ADR) Event. Club members receive \$5 off registration fee. Online registration is available at <https://stasnyroadracing.com/upcoming-events>. All race proceeds go to ADR Club to support the college scholarship program and club member benefits.

Awards: 10K Race - Medals for top 3 overall male and female and top 3 in age group categories: 14 & younger, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and older. 2 Mile Race - Medals for top overall male and female and first place in age group categories.

Timing and Registration: Stasny Road Racing

Race results at Ashtabula Distance Runner's (ADR) site:
ashtabuladistancerunners.org



Make Checks Payable to: **Ashtabula Distance Runners Club (ADR)**
Mail Check and Form to: ADR, P.O. Box 43, Ashtabula, Ohio 44005
John Hutchison: (440) 339-6892

Indicate Event: 10K Race: _____ 2 Mile Race: _____ Amount \$: _____

Name: _____ Gender: _____ Age: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone #: _____ e-mail: _____

I accept that I compete in this event at my own risk and I hereby waive and release the event, Ashtabula County Metroparks, Stasny Road Racing, LLC, and all sponsors, contributors, supporters, and officials associated with the event from all rights and claims for any accident, injury, or loss suffered as consequence of my participation. Signing this race form also grants Stasny Road Racing, LLC permission to add your email to their database and use race photos and video from the event on social media and internet outlets.

Date: _____ Signature: _____
Must be signed by parent (if under 18 years)