

Run from the Nun 5K and 1/2 Mile Kids Fun Run *Chinese Auction* June 9th, 2019

Location: Lakeshore Park

Registration: 7:00 a.m-8:30 a.m. **Fun Run:** 8:45 a.m. **5K:** 9:00 a.m.



Course: The 5K course will be a two loop road course that will feature scenic views of Lakeshore Park and Lake Erie. The kids fun run will be an out-and-back course. The start and finish of each race will take place at the Main Pavilion.

Registration: Online race pre-registration is available at: www.stasnyroadracing.com

Mail-in registrations are acceptable if postmarked by May 31st.

First 100 registrants are guaranteed a race themed t-shirt. Fun run participants will receive t-shirt if pre-registered by May 24th. No fun run participants will receive t-shirt if registered on day of race.

Fees: Pre-registration: \$20 **Race day registration:** \$25 **Kids fun run:** \$10

Awards: Top 3 overall male and female finishers and top 3 in each age group: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and over.

Top male and female St. John alumni or current St. John student will have their name and finishing time engraved on a plaque which will be displayed at St. John School.

Kids Fun Run: All participants will receive participation ribbon.

All proceeds will benefit the athletic programs at Saint John School

For more information, contact race director: Jeremy Dunn 440-415-3866

For more information on ADR grand prix, visit: www.ashtabuladistancerunners.org

Run from the Nun 5K **Make Checks payable to: St. John School**
Mail to St. John School in c/o Jeremy Dunn 7911 Depot Rd. Ashtabula, OH 44004

Name: _____ **Sex:** M F (circle one) **Age:** _____

Event: 5K: _____ **Fun Run:** _____ **Shirt Size:** Adult ___S___M___L___XL
Child ___S___M___L___XL

Address: _____ **City:** _____ **State:** _____ **Zip:** _____

Phone#: _____ **Emergency Contact #:** _____

I accept that I will compete in this event at my own risk and I hereby waive and release the event, Ashtabula Township, Lakeshore Park, Stasny Road Racing, LLC and all sponsors, contributors, supporters, and officials associated with the event from all rights and claims for any accident, injury, or loss suffered as a consequence of my participation. By signing this waiver, I give Stasny Road Racing, LLC permission to add my email to their database. I authorize Saint John School, Stasny Road Racing, LLC, sponsors, supporters, and contributors to utilize any and all photographs, video recordings, and any other imaging of myself that are taken before, during or after the event on any and all platforms.

Signature: _____ **Date:** _____

(Must be signed by parent/guardian if under the age of 18)