

ZONTA SAYS NO TO VIOLENCE AGAINST WOMEN

RACE Against Violence
4th Annual 5K & 1 MILE WALK
Sponsored by:
Zonta Club of Ashtabula Area
Saturday, September 21, 2019

Registration 8 am / Race Time 9 am

The COURSE will start at the main pavilion of Lake Shore Park,. Both the 5K and the ONE MILE walk will be a hilly course, surrounded by the beautiful Lake Shore Park and Lake Erie

Online registration: www.stasnyroadracing.com

Pre-Registration by September 14th. Fees are \$20 pre-registration or \$25 day of race

T-Shirts will be provided to the first 100 participants.

Awards: Overall Male and Female Winners will receive trophies
First place Medals in each age division for male & female
Second & third place Ribbons in age group categories

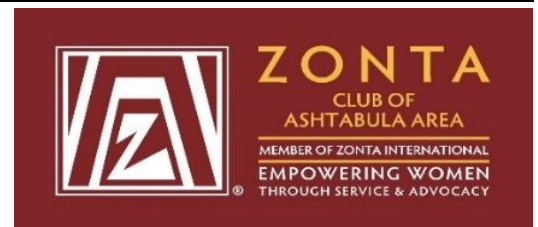
14 & under, 15 to 19, 20 to 24, 25 to 29, 30 to 34, 35 to 39, 40 to 44
45 to 49, 50 to 54, 55 to 59, 60 to 64, 65 to 69, 70 to 74, 80 to 84, 85 +

For More Information: Call Linda Coblitz 440-993-5650



Ashtabula Distance Runners Grand Prix information and results can be found at
www.ashtabuladistancerunners.org

Zonta Club of Ashtabula Area
RACE Against VIOLENCE
4th Annual 5K and 1 Mile WALK
Saturday, September 21, 2019



Event: 1 Mile _____ or 5K _____ \$20 Pre-Registration or \$25 Day of the Race
Make Checks Payable to Zonta Club of Ashtabula. Mail check & entry form to
Linda Coblitz, Post Office Box 616, Ashtabula, OH 44005-0616

Name: _____ Sex: _____ Age: _____ T-Shirt Size: _____

Address: _____ City: _____ State: _____ Zip: _____

Emergency Contact # : _____ Email: _____

I accept that I compete in this event at my own risk and I hereby waive and release the event, Zonta Int'l, Stasny Road Racing LLC, Ashtabula Township, and all sponsors, contributors, supporters, and officials associated with the event from all rights and claims for any accident, injury, or loss suffered as a consequence of my participation. By signing this waiver I am giving permission for SRR, LLC to add my email to their database. I am also giving ZCAA AND SRR, LLC the right to publish video and photos online / social media.

Date: _____

Signature: _____

Must be signed by parent if under 18 years of age

